



**To:** MaineCare Providers  
**From:** Jill Kingsbury, Director of Pharmacy  
**Date:** May 23, 2019  
**Re:** PDL Changes Effective Friday May 24, 2019

MaineCare would like to inform Providers of the following changes to the MaineCare PDL. These changes may include consolidation of doses, addition preferred options and the removal of tablet splitting.

**The following Proton Pump Inhibitors will be preferred at one dose per day:**

**Omeprazole** capsules all strengths are now preferred with QL.

**Pantoprazole** tablets remain preferred with QL.

**Lansoprazole** capsules added as a preferred option.

**The following ARBs (Angiotensin Receptor Blockers) will be preferred at one dose per day:**

Irbesartan

Losartan

Olmesartan

Telmisartan

NOTE: Per best practices patient should have trialed prior therapy of ACE inhibitor or currently on a diabetic therapy

**The following ARBs and Diuretics will be preferred at one dose per day:**

Benicar-HCT

Losartan-HCT

Micardis-HCT

Valsartan-HCT

NOTE: Per best practices patient should have trialed prior therapy of ACE inhibitor or currently on a diabetic therapy

**The following GI, Misc will be preferred:**

Miralax (Brand) BULK POWDER

Polyethylene Glycol 3350 (Generic- PEG 3350) BULK POWDER

NOTE: The packets will remain non-preferred.

**The following Antidepressants - Selected SSRI's will have the Tablet Splitting Requirement Removed:**

Sertraline

Escitalopram

Citalopram

**If you have any questions, please contact Change Healthcare at 1-888-420-9711.**

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