MaineCare Services
An Office of the Department of Health and Human Services
Paul R. LePage, Governor
Ricker Hamilton, Commissioner

Department of Health and Human Services
MaineCare Services
11 State House Station
Augusta, Maine 04333-0011
Tel.: (207) 287-2674; Fax: (207) 287-2675
TTY Users: Dial 711 (Maine Relay)

# PHARMACY BENEFIT UPDATE

## FALL/WINTER 2017 ISSUE

*Preferred Drug List (PDL) News:*

## PDL Changes

**This issue of the Pharmacy Benefit Updates contains changes to the Preferred Drug List for January 1, 2018 as well as updates on MaineCare pharmacy benefit changes.**

| **Non-preferred** | | | |
|---|---|---|---|
| Adcirca Tab | Aerospan | Asmanex | Besivance Susp |
| Calcium Acetate Tab | Ciprofloxacin HCL | Cleocin Cream | Colazal |
| Colchicine Tab | Depo- Testosterone Oil | Dipentum | Doxercalcif Cap |
| Doxercalcif Inj | Eliphos | Flovent Diskus | Floxin |
| Gentak | Gentamicin Sulfate | Harvoni | Kapvay |
| Maxitrol Oint | Methylphenidate ER (00406 manufacturer/NDC) | Methylphenidate HCL Chew | Metrogel Vaginal Gel |
| Neomycin/Poly HC | Paricalcitol Cap | Paricalcitol Inj | Pentasa |
| Rowasa | Sovaldi | Starlix | Technivie |
| Tobradex ST Drop Susp | Tyvaso | Veletri | Vesicare |
| Viekira Pak | Viekira XR | Vigamox | Vosevi |
| **Preferred** | | | |
| Amitiza | Aptensio XR | Aranesp | Armodafinil |
| Atomoxetine (66993 manufacturer/NDC) | Bevespi Aerosphere | Clindesse | Colchicince Cap |
| Dextroamphetamine ER | Granix | Humulin U- 500 | Ilevro |

| | | | |
|---|---|---|---|
| Linzess | Lotemax Susp | Nateglinide | Neo/Poly/Dexameth Oint |
| Neo/Poly/Dexameth Susp | Nuwiq Vial | Orenitram | Quetiapine XR |
| Saphris | Sulfacetamide/Prednisolone | Testosterone Cypionate | Tobradex Drop Susp |
| Vyvanse Chew | Xyntha | Zylet Susp | |
| **The following Medications have additional PDL clarifications or criteria** | | | |
| **Latuda** will be non-preferred with established users grandfathered. | | | |
| **Mircera** and **Drisdol Caps** is no longer available and will be removed from the PDL. | | | |
| **Fulyzaq** is non-preferred and has undergone a name change to **Mytesi**. It has been updated on the PDL. | | | |
| **Vitamin D3 400 unit drops (NDC specific)** will now be preferred. | | | |
| **Mavyret and Epclusa** are preferred with a clinical PA. | | | |

**National Average Drug Acquisition Cost (NADAC)**

The federal Centers for Medicare and Medicaid Services (CMS) has directed state Medicaid agencies to adopt fee-for-service pharmacy payment policies designed to pay pharmacies for the actual acquisition cost of drugs plus a reasonable professional dispensing fee, based on the actual cost to the pharmacy of dispensing drugs to Medicaid members. Additional details can be found on the CMS fact sheet at the following link: https://www.cms.gov/Newsroom/MediaReleaseDatabase/Fact-sheets/2016-Fact-sheets-items/2016-01-21.html.

A copy of the CMS Covered Outpatient Drugs Final Rule (CMS-2345FC) published on February 2, 2016 can be found on the Federal Register at this link: https://www.federalregister.gov/articles/2016/02/01/2016-01274/medicaid-program-covered-outpatient-drugs

MaineCare will use a "lower-of" methodology utilizing the benchmark of the National Drug Average Acquisition Cost (NADAC) and Wholesale Acquisition Cost (WAC), in addition to the current methodology. The NADAC is based on CMS' monthly surveys of retail pharmacies to determine average acquisition costs for covered outpatient drugs. This additional federal pricing source will update each week when published by CMS.

Beginning September 1, 2017, Change Healthcare implemented the first of the monthly updated NADAC prices and incorporated these into the "lower of logic" when calculating the reimbursement, consistent with the pharmacy pricing reimbursement policy. Payment of covered outpatient drugs, including over-the-counter drugs, dispensed by an enrolled pharmacy will include the reimbursement for the Actual Acquisition Cost (AAC) of the drug plus a professional dispensing fee. AAC is defined as the lower of:

a. The National Drug Average Acquisition Cost (NADAC)

b. The Wholesale Acquisition Cost (WAC) + 0%

c. The State Maximum Allowable Cost (SMAC)

d. The Federal Upper Limit (FUL)

e. AWP, Brand: 16%, and Generic and Specialty: 16.67%

f. Submitted Ingredient Cost

g. The provider's Usual and Customary (U&C) charges

h. The Gross Amount Due (GAD)

Additionally, in September 2016 MaineCare invited all Medicaid enrolled pharmacies to participate in a pharmacy cost of dispensing survey in order to analyze the cost of dispensing prescription medications to MaineCare members.

Based on the survey results, MaineCare has determined that the new "Professional Dispensing Fee" for retail community pharmacies, institutional, or long-term care pharmacies, and non-FQHC 340B pharmacies and specialty pharmacies will be $11.89. Therefore, the dispensing fee was adjusted from the current $3.35 on September 1, 2017. This change will not affect Mail Order pharmacies; the dispensing fee will continue to be $2.50 for MaineCare and $1.00 for Rx Plus.

**Maintenance Rules**

Effective January 8, 2018, all drugs defined by Medispan as "maintenance" medication **must** be dispensed in a 90-day supply after an initial 30-day fill. If the member has previously been on the medication and received 30 days of the medications listed below, they will need to get a 90-day supply with the current refill. If you are trying to fill for less than 90 days, you will receive the following rejection message:

**Maintenance Drug: 90-day supply required.**

- There are exceptions to the maintenance requirement:
- Maintenance rule does not apply to brand name medications
- Members identified in member eligibility as long-term care recipients will be exempt from the requirements of the 90-day maintenance rule.
- Controlled substances considered maintenance medications will also not be considered and will be excluded from the 90-day rule.

**The classes of medications that are affected are listed below:**

| | |
|---|---|
| ACE | ALCOHOL DETERRENTS |
| ALS DRUGS | ALZHEIMER |
| ANALGESICS | ANDROGENS |

| | |
|---|---|
| ANGIOTENSIN RECEPTOR BLOCKERS | ANTIANGINALS |
| ANTIARRHYTHMICS | ANTIASTHMATIC |
| ANTICOAGULANTS | ANTICONVULSANTS |
| ANTIDEPRESSANTS | ANTIHYPERTENSIVES |
| ANTIEMETIC - 5-HT3 RECEPTOR ANTAGONISTS | ANTIMALARIAL AGENTS |
| ANTIMYCOBACTERIALS/ANTITUBERCULOSIS | ANTI-PARKINSONIAN DRUGS |
| ANTIPSYCHOTICS | ANTIRETROVIRALS |
| ANTISPASMODICS | ANTITHYROID THERAPIES |
| ARB'S AND DIURETICS | ARTHRITIS - MISC. |
| ARTIFICIAL SALIVA/STIMULANTS | BETA BLOCKERS |
| BPH | CALCIUM CHANNEL BLOCKERS |
| CARDIAC GLYCOSIDES | CCB / LIPID |
| CHOLESTEROL | CONTRACEPTIVES |
| COX 2 INHIBITORS | CYTO-MEGALOVIRUS AGENTS |
| DENTAL PRODUCTS | DIABETIC |
| DIURETICS | ESTROGEN |
| GI | GLUCOCORTICOIDS – MINERALOCORTICOIDS |
| GOUT | HEPATITIS B ONLY |
| IMMUNOSUPPRESSANTS | LITHIUM |
| LINCOSAMIDES/OXAZOLIDINONES/ LEPROSTATICS | MINERALS |
| MONO-NITRATES | MULTIPLE SCLEROSIS AGENTS |
| MUSCLE RELAXANTS | NEUROLOGICS - MISC. |
| NICARDIPINES | NITRO – PATCHES, SUBLINGUAL/SPRAY |
| NSAIDS | OPTHALMICS |
| OSTEOPOROSIS | PARKINSONS |
| PHOSPHATE BINDERS | PLATELET AGGR. INHIBITORS |
| PROGESTINS | PSYCHOTHERAPEUTIC COMBINATION |
| PURINE ANALOG | RHEUMATOID ARTHRITIS |
| SEDATIVE/HYPNOTICS – BARBITURATE | SOMATOSTATIC AGENTS |
| THYROID HORMONES | TOPICAL - STEROID LOCAL ANESTHETICS |
| UROLOGICAL - MISC. | VAGINAL – ESTROGENS |
| VASOPRESSINS | VITAMINS |

This list will be posted on: www.mainecarepdl.org

**PA Statistics**

For the third quarter of 2017, there were 31,001 unique PA requests, and 91% were approved. The average determination time was 2.04 hours. The top five most frequently requested drugs were:

Suboxone (3,158)
Oxycodone HCL (1,764)
Omeprazole (1,473)
Adderall (1,110)
Hydrocodone-Acetaminophen (1,104)

**FDA Alerts**

General Anesthetic and Sedation Drugs: Drug Safety Communication - New Warnings for Young Children and Pregnant Women
http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm533195.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA approves Jardiance to reduce cardiovascular death in adults with type 2 diabetes
http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm531517.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA Releases Draft Guidance for Industry: "Considerations in Demonstrating Interchangeability with a Reference Product."-Drug Information Update
http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM537135.pdf?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA confirms elevated levels of belladonna in certain homeopathic teething products
http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm538684.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Chlorhexidine Gluconate: Drug Safety Communication - Rare But Serious Allergic Reactions
http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm539575.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA Drug Safety Communication: FDA updates warnings for oral and injectable fluoroquinolone antibiotics due to disabling side effects
https://www.fda.gov/Drugs/DrugSafety/ucm511530.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Canagliflozin (Invokana, Invokamet) - Drug Safety Communication: Increased Risk of Leg and Foot Amputations
https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm558605.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA Drug Safety Communication: FDA identifies no harmful effects to date with brain retention of gadolinium-based contrast agents for MRIs; review to continue
https://www.fda.gov/Drugs/DrugSafety/ucm559007.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA Drug Safety Communication: FDA restricts use of prescription codeine pain and cough medicines and tramadol pain medicines in children; recommends against use in breastfeeding women
https://www.fda.gov/Drugs/DrugSafety/ucm549679.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA alerts consumers of nationwide voluntary recall of EpiPen and EpiPen Jr
https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm550170.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Information on Erythropoiesis-Stimulating Agents (ESA) Epoetin alfa (marketed as Procrit, Epogen), Darbepoetin alfa (marketed as Aranesp)
https://www.fda.gov/Drugs/DrugSafety/PostmarketDrugSafetyInformationforPatientsandProviders/ucm109375.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA approves two hepatitis C drugs for pediatric patients
https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm551407.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Brilinta (ticagrelor) 90 mg tablets, 8-count Physician Sample Bottles: Recall of Lot # JB5047 - Due to Report of Another Medicine in One Bottle
https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm560786.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Mibela 24 Fe Chewable Tablets by Lupin Pharmaceuticals Inc.: Recall - Out of Sequence Tablets and Missing Expiry/Lot Information
https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm560908.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Novopen Echo Insulin Delivery Device by Novo Nordisk: Recall - May Crack or Break If Exposed to Certain Chemicals
https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm565955.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA requests removal of Opana ER for risks related to abuse
https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm562401.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

Keytruda (pembrolizumab) in Patients with Multiple Myeloma: FDA Statement - Two Clinical Trials on Hold
https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm574347.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

FDA Drug Safety Communication: FDA recommends separating dosing of potassium-lowering drug sodium polystyrene sulfonate (Kayexalate) from all other oral drugs
https://www.fda.gov/Drugs/DrugSafety/ucm572484.htm?source=govdelivery&utm_medium=email&utm_source=govdelivery

**Next Drug Utilization Review (DUR) Committee Meeting**

Comments on the PDL or any PAs, either proposed or already in effect, may be made at these meetings or by e-mail, letter, or phone if more convenient.

**Date:** March 13, 2018
**Time:** 5:30-8:30pm
**Location:** The Armory (Augusta, ME)

**For DUR questions, you may contact:**
Jill Kingsbury, Director of Pharmacy, MaineCare Services
Jill.Kingsbury@maine.gov

**For PA/PDL questions, you may contact:**

Michael Ouellette, R.Ph
mouellette@changehealthcare.com

Jeffrey Barkin, MD
jbarkin@changehealthcare.com