



Department of Health and Human Services
MaineCare Services
11 State House Station
Augusta, Maine 04333-0011
Tel.: (207) 287-2674; Fax: (207) 287-2675
TTY Users: Dial 711 (Maine Relay)

To: MaineCare Providers
From: Jill Kingsbury, Director of Pharmacy
Date: December 7, 2017
Re: Maintenance Rule Effective December 20, 2017

Maintenance Rules as of 9/1/2017

Effective December 20th, 2017 all drugs defined by Medispan as “Maintenance” medication will be required to be dispensed in a 90-day supply after an initial 30-day fill. If the member has previously been on the medication and received 30 days of the medications listed below they will need to get 90-day supply with the current refill. If you are trying to fill for less than 90 days, the rejection you will receive is: **Maintenance Drug: 90-day supply required.**

There are exceptions to the Maintenance requirement:

- Maintenance Rule does not apply to Brand name medications
- Members identified in member eligibility as Long-Term Care recipients will be exempt from the requirements of the 90-day maintenance rule.
- Control substances considered maintenance medications will also not be considered and will be excluded from the 90-day rule.

The classes of medications this will affect are: (this list will be posted on mainecarepd.org)

ACE	ALCOHOL DETERRENTS/A
LS DRUGS	ALZHEIMER
ANALGESICS	ANDROGENS
ANGIOTENSIN RECEPTOR BLOCKERS	ANTIANGINALS
ANTIARRHYTHMICS	ANTIASTHMATIC
ANTICOAGULANTS	ANTICONVULSANTS
ANTIDEPRESSANTS	ANTIHYPERTENSIVES
ANTIEMETIC - 5-HT3 RECEPTOR ANTAGONISTS	ANTIMALARIAL AGENTS
ANTIMYCOBACTERIALS/ANTITUBERCULOSIS	ANTI-PARKINSONIAN DRUGS
ANTIPSYCHOTICS	ANTIRETROVIRALS
ANTISPASMODICS	ANTITHYROID THERAPIES
ARB'S AND DIURETICS	ARTHRITIS - MISC.
ARTIFICIAL SALIVA/STIMULANTS	BETA BLOCKERS
BPH	CALCIUM CHANNEL BLOCKERS
CARDIAC GLYCOSIDES	CCB / LIPID
CHOLESTEROL	CONTRACEPTIVES
COX 2 INHIBITORS	CYTO-MEGALOVIRUS AGENTS
DENTAL PRODUCTS	DIABETIC
DIURETICS	ESTROGEN
GI	GLUCOCORTICOIDS – MINERALOCORTICOIDS
GOUT	HEPATITIS B ONLY
IMMUNOSUPPRESSANTS	LITHIUM
LINCOSAMIDES/OXAZOLIDINONES/ LEPROSTATICS	MINERALS
MONO-NITRATES	MULTIPLE SCLEROSIS AGENTS
MUSCLE RELAXANTS	NEUROLOGICS - MISC.



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NICARDIPINES
NSAIDS
OSTEOPOROSIS
PHOSPHATE BINDERS
PROGESTINS
ANALOG
SEDATIVE/HYPNOTICS – BARBITURATE
THYROID HORMONES
UROLOGICAL - MISC.
VASOPRESSINS

NITRO – PATCHES, SUBLINGUAL/SPRAY
OPHTHALMICS
PARKINSONS
PLATELET AGGR. INHIBITORS
PSYCHOTHERAPEUTIC COMBINATION PURINE
RHEUMATOID ARTHRITIS
SOMATOSTATIC AGENTS
TOPICAL - STEROID LOCAL ANESTHETICS
VAGINAL – ESTROGENS
VITAMINS