



**MaineCare Services**  
An Office of the  
Department of Health and Human Services

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**To:** MaineCare Providers  
**From:** Jennifer Palow, Pharmacy Unit Manager  
**Date:** June 24, 2010  
**Re:** PDL Updates Effective: June 25, 2010

**The following medications will be non-preferred and will require prior authorization:**

Synera

**The following medications will be preferred and will not require prior authorization:**

Nitrolingual Soln  
tamsulosin

**The following are miscellaneous PDL changes:**

Nasarel, Cafergot supp, and Glucosamine have been removed from the PDL since they are obsolete or no longer available.

Lamotrigine 100mg tablets will be limited to 2 tablets per day without prior authorization.

**Antipsychotic Atypicals Reminder:**

Prior Authorization will be required for children under age 5 for clinical evaluation of appropriate use. Prior Authorization will be required starting 7/1/10 for prescriptions written by providers that are **not** Psychiatrists, Nurse Practitioners, PAs who work with a psychiatrist, and Behavioral Pediatricians. No provider is exempt from Prior Authorization for children under the age of 5. The goal of this new process is to ensure appropriate use of these medications, reduce costs for inappropriate use, and improve patient care.